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# CBT - DOs and DON'Ts

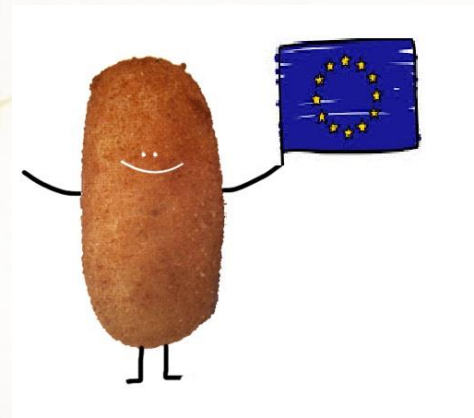


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**The following  
presentation is based  
on true events**



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# How will we do it?



**The Exam and their logistics**

**Verbal Reasoning**

**Numerical Reasoning**

**Abstract Reasoning**

**What can YSE do for you?**



What are the tests about?

**NO:** reading, knowing maths, being fast, abstract thinking

**YES:**

- ~~verbal~~ reasoning
- ~~Numerical~~ reasoning
- ~~Abstract~~ reasoning

## DON'Ts

- **It is not like the Prometric center**
- **No pen and paper**
- **Don't look for big changes (EPSO 22 vs EPSO 23)**
- **Don't move – check your behaviour in exam conditions**

## DOs

- **Practice in real conditions to get used to**
- **Use always a timer and try to do it faster than the real exam**
- **Practice with someone annoying you**

**Check EPSO web for all technical requirements**

<https://epso.europa.eu/en/remotely-proctored-testing>

# WHAT IS VERBAL REASONING?

is understanding and reasoning using concepts framed in words. It aims at evaluating ability to think constructively, rather than at simple fluency or vocabulary recognition.

# Typical view

Haiku is an unrhymed Japanese poetic form consisting of 17 syllables printed on either a single line or arranged in three lines containing five, seven, and five syllables respectively. It always contains a word that describes the season in which the verse is set. Haiku expresses as much as possible in the smallest possible number of words. The form gained prominence in the 17th century, when the poet Basho elevated it to a highly refined art form. It remains Japan's most popular poetic form.

Which of the following statements is correct?

- A. Haiku uses subtle rhymes to express the meaning of the poem.
- B. Longer Haiku poems tend to repeat the structure of five, seven and five syllables in verses of six, nine or twelve lines.
- C. Haiku normally contains three words of five, seven and five syllables respectively.
- D. Haiku always refers to the season in which it is set.

Mark item for review

**DON'Ts**

- **Don't read the language**
- **Don't read too fast but not too slow**
- **Don't take the info for granted / Don't assume what is not on the text**
- **Don't try to select the right one in one strike**

**DOS**

- **Read the info**
- **Absolutes are red flags**
- **Figures, dates and numbers easiest references**
- **Use concepts, not words (ideas must match, not the words)**



**“All things being equal, the simplest solution tends to be the best one.”**

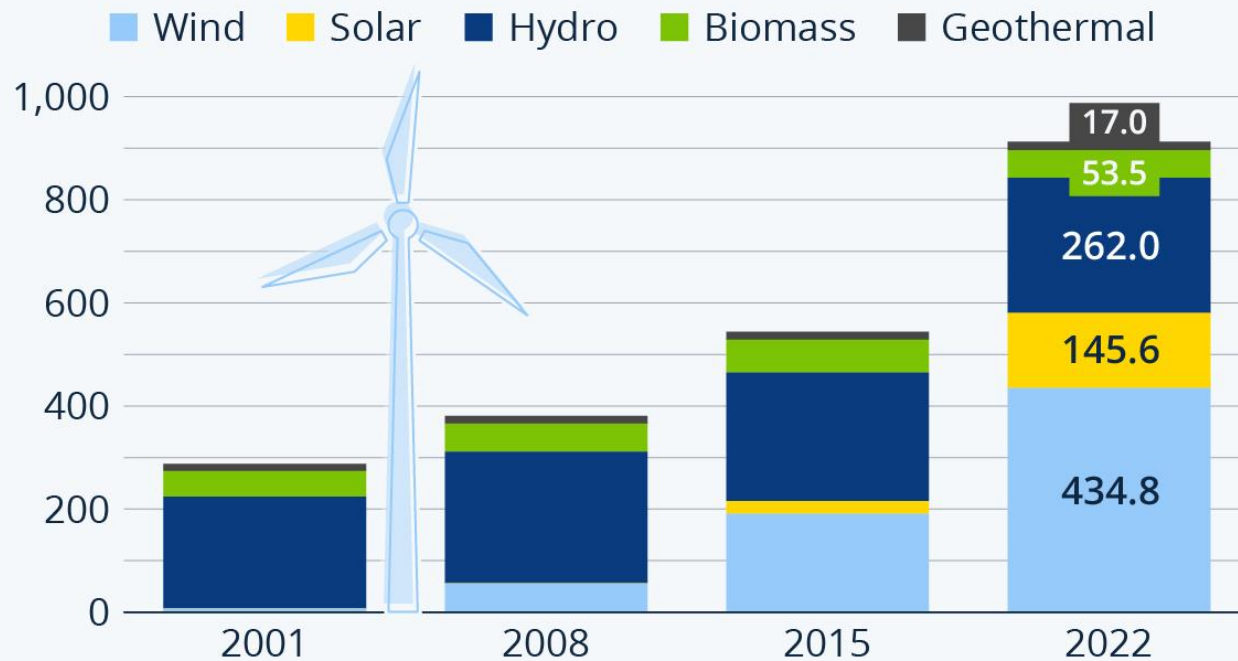
**William of Ockham**

# WHAT IS NUMERICAL REASONING?

Numerical reasoning involves processing numerical patterns logically and easily. People with strong numerical reasoning excel at more than addition, multiplication, and division. It measures your capacity **to process, analyze and interpret numerical charts, trends, and relationships**

# How Wind and Solar Boosted U.S. Renewable Energy

Net U.S. renewable electricity generation, by source (in TWh)



Stored hydroelectric energy not deducted  
Source: U.S. Energy Information Administration



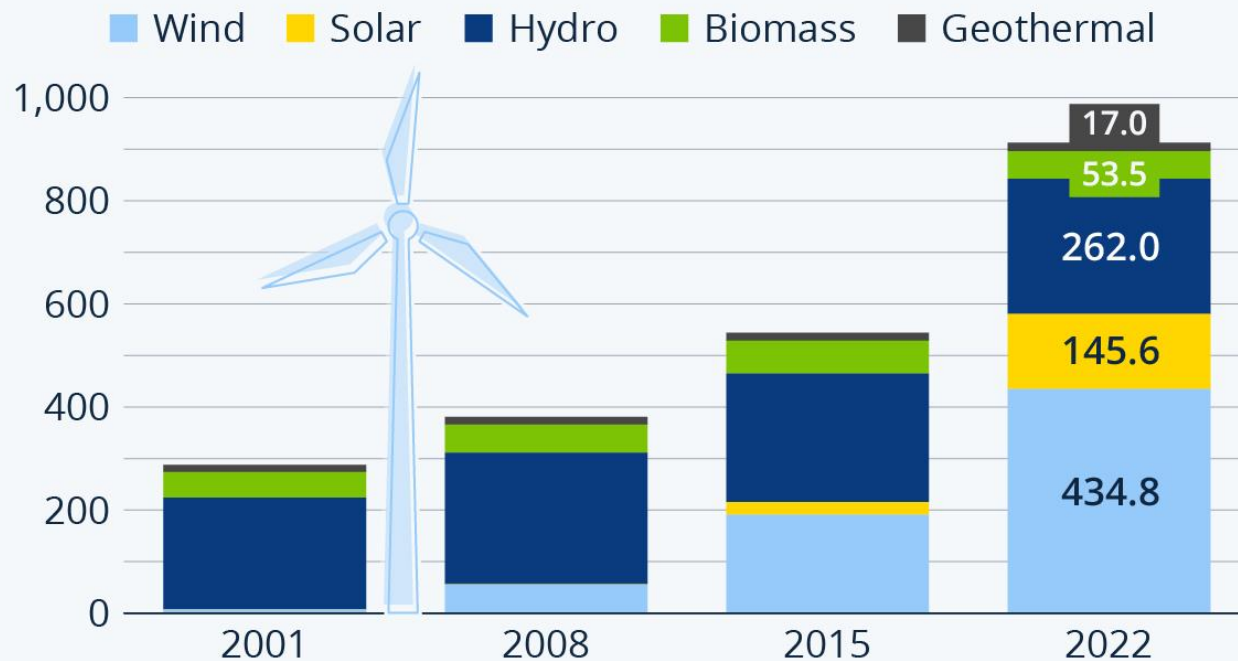
How much energy, in total, has been produced in the US in 2022?

- a) Below 2000 TWh
- b) 913 TWh
- c) 896 TWh
- d) Can't tell



# How Wind and Solar Boosted U.S. Renewable Energy

Net U.S. renewable electricity generation, by source (in TWh)



Stored hydroelectric energy not deducted  
Source: U.S. Energy Information Administration



They are not the same concept. Energy has different sources, renewable is only one

How much energy, in total, has been produced in the US in 2022?

- a) Below 2000 TWh
- b) 913 TWh
- c) 896 TWh
- d) Can't tell



## DON'Ts

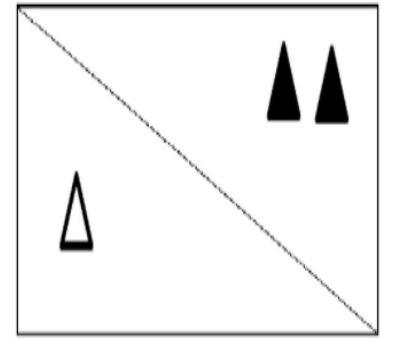
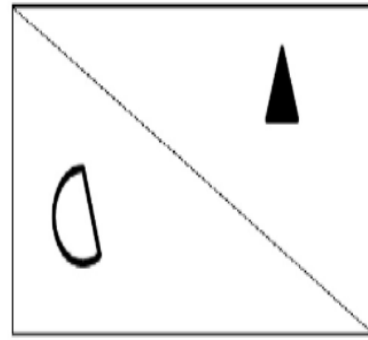
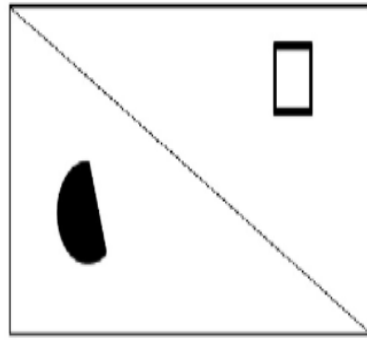
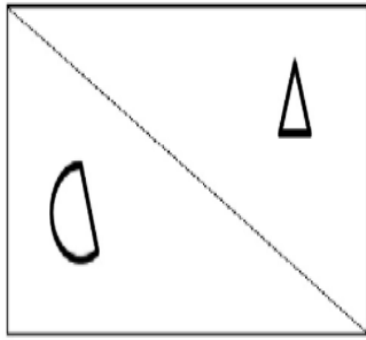
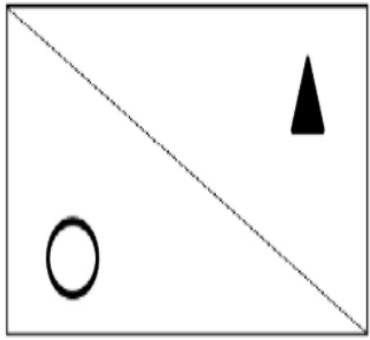
- **Don't think the maths are difficult**
- **Don't expect a calculator easy to handle**
- **If you get nervous, you don't see anything**
- **Don't calculate first**
- **You don't need 10/10**

## DOS

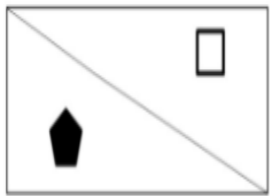
- **Read the problem**
- **Identify your needs**
- **Trace your plan**
- **Operate**
- **Solve**
- **Train your memory – you have a scratch pad to write your notes**

# WHAT IS ABSTRACT REASONING?

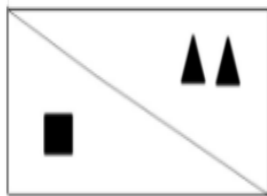
It measures your lateral thinking skills or fluid intelligence, which are your ability to **quickly identify patterns, logical rules and trends in new data**, integrate this information, and **apply it to solve problems**.



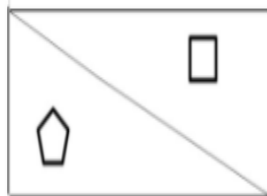
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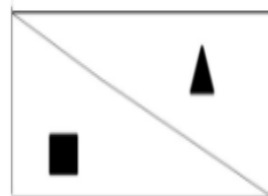
A



B



C



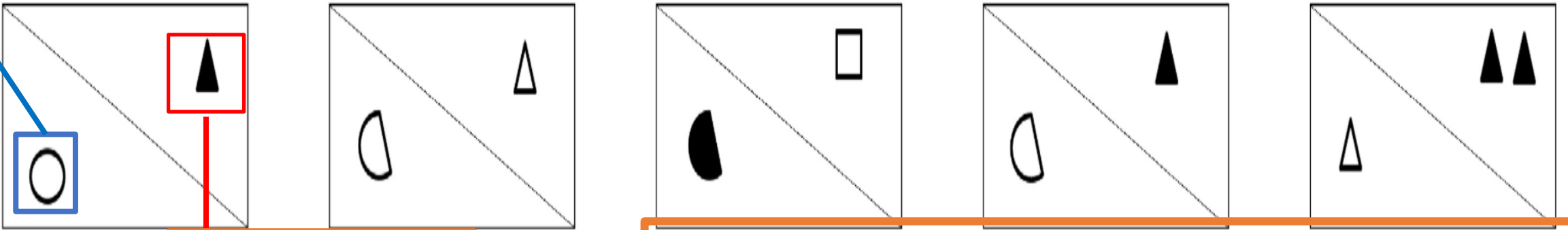
D



E



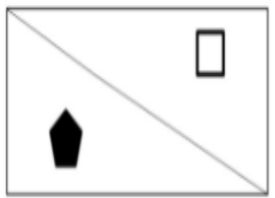
This follows the instruction



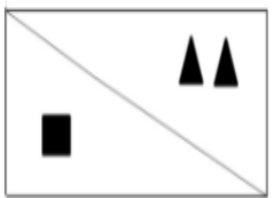
This is an instruction

The instructions are :  
 black triangle : adds 1 side (then two triangles = two extra sides)  
 White triangle : change color to black  
 White square : change color to white

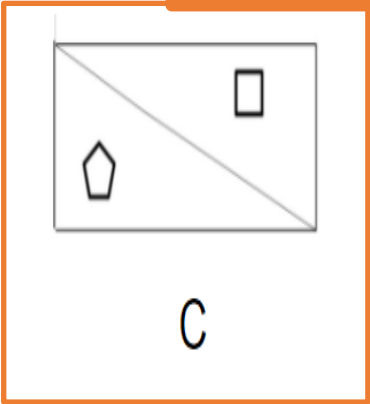
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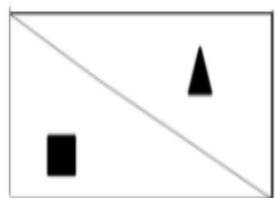
A



B



C



D



E

**Solution : it's C, as there is 2 sides added and no change of color. In the webinar, by mistake the solution referred was A.**



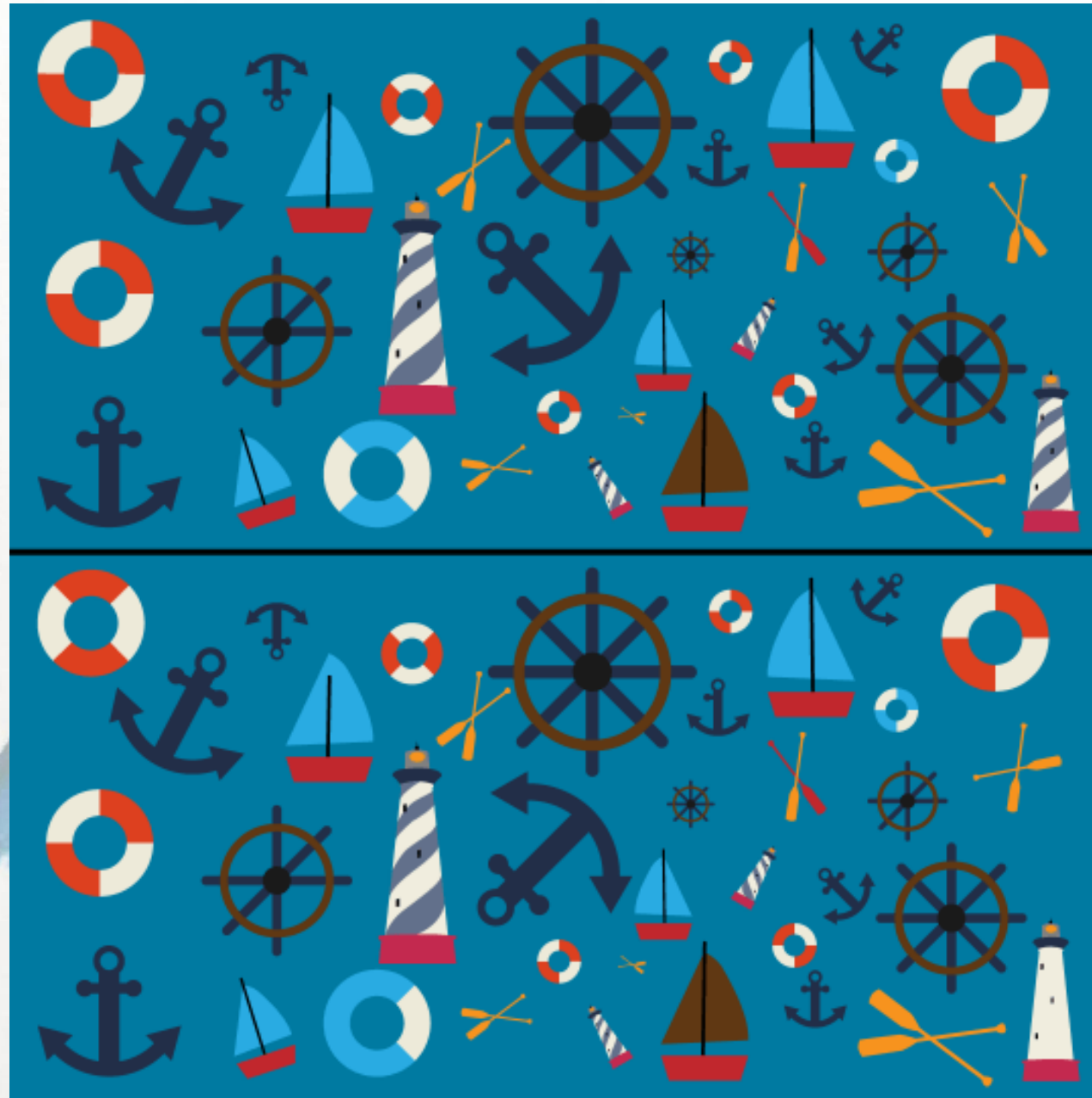
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DON'Ts

- **Time flies – don't stick to one exercise**
- **Don't try to solve it in one glimpse**
- **Doing only exercise, you won't get much better**
- **You don't need 10/10**

DOs

- **“Read” the problem**
- **Discard what can't be**
- **Train your eye**
- **Practice and keep the analysis after practice**



The exam is  
one, methods  
for practice  
many...

# What can YSE do for you?



[YASEMOSEUROPEOS.COM](http://YASEMOSEUROPEOS.COM)

# OUR METHODOLOGY

**TEAM**

**QUALITY  
+  
HUMOR**

**1  
RIGHT**

**1 OBLIGATION**

**EXPERIENCE as  
candidates+  
trainers  
90% success in  
previous AD5  
competition**

**How we'll do it**

**CBT Test**

- Theory and practice

**MCQ Tests on the topic**

- All questions contain feedback and explanations

**Written test to practice**

- Time controlled & Several layers of difficulty

**Video-feedback at the end of each test or during group sessions**

**GOALS**

- Flexibility
- Time management
- Get rid of prejudices (this is not my topic)
- Avoid procrastination and cover more ground
- Discover your weakness / topics to improve
- Help to study

# What can YSE do for you?

- **Free webinars and materials**
- **Internal competitions trainings**
- **CBT + MCQ and Case study training in new EPSO**
- **Training for the Assessment Centre- Assessment sessions**
- **Application review**



# Follow YSE

- TELEGRAM channel (EN/ES): [Haz click aquí para unirte/Click here to join](#) to keep you updated on vacancies, new competitions and all kinds of useful information for you.
  - In our social media :
    - [Instagram](#)
    - [Linkedin](#)
    - [Facebook](#)
    - [Youtube](#)
- (don't forget to subscribe and click on «like» ).

# Thank you!



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**Don't miss the latest infos and opportunities in our telegram channel : "yasemoseuropeos"**